



Whitehall-Coplay ELEMENTARY LUNCH MENU



What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free

chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

DAILY ALTERNATES.

Daily Entree Options

2. Ham and Cheese WK 1 & 3 & 5
2. **Friday Only** - Italian Craveable

2. Turkey and Cheese WK 2 & 4 & 6
2. **Friday Only** - Turkey and Cheese Craveable
3. Garden Salad with Dinner Roll

4. Peanut Butter and Jelly Uncrustable

Nutritious Friends

Look for our Nutritious Friend of the Month on the Menu!!
This Month.....

Lunch Prices
Student \$0.00
Reduced \$0.00
Paid- \$0.00
Adult - Ala Carte

Rose Levan
General Manager

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Derek Kolumber
Chef Manager

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Monday

11/20/23

EARLY
DISMISSAL

NO LUNCH



11/27/23

FALL
BREAK

NO SCHOOL



12/4/23

1. Chicken Tenders with Dinner Roll

Featured Veggies:

Carrots with Dip
Choice of Fruit
Choice of Milk

12/11/23

1. Chicken Patty Sandwich on Bun

Featured Veggies:

Steamed Corn
Baby Carrots
Choice of Fruit
Choice of Milk

12/18/23

1. Hamburger Cheeseburger on a Bun

Featured Veggies:

Steamed Carrots
Carrots with Dip
Choice of Fruit
Choice of Milk

12/25/23

WINTER
BREAK
NO SCHOOL



Tuesday

11/21/23

EARLY
DISMISSAL

NO LUNCH



11/28/23

1. French Toast Sticks with Turkey Sausage Patty

Featured Veggies:

Mixed vegetables
Carrots with Dip
Choice of Fruit
Choice of Milk

12/5/23

1. Hamburger Cheeseburger on a Bun

Featured Veggies:

Baked Beans
Celery with Ranch
Choice of Fruit
Choice of Milk

12/12/23

1. Chicken Nachos with Cheese and Lettuce

Featured Veggies:

Steamed Peas
Black Bean and Corn Salsa
Choice of Fruit
Choice of Milk

12/19/23

1. Mini Corn Dogs

Featured Veggies:

Seasoned Corn
Cucumber Slices w/ Ranch
Choice of Fruit
Choice of Milk

12/26/23

WINTER
BREAK
NO SCHOOL



Wednesday

11/22/23

FALL
BREAK

NO SCHOOL



11/29/23

1. Loaded Pierogies with Cheese and Pepperoni

Featured Veggies:

Buttered Carrots
Celery Sticks
Choice of Fruit
Choice of Milk

12/6/23

1. Pancakes with Turkey Sausage Patty with Syrup

Featured Veggies:

Steamed Peas
Broccoli Salad
Choice of Fruit
Choice of Milk

12/13/23

1. Cheese Filled Bread Stick with Marinara

Featured Veggies:

Mixed Vegetables
Cucumbers with Dip
Choice of Fruit
Choice of Milk

12/20/23

1. HOLIDAY MEAL

Featured Veggies:

Sweet Potato Waffle Fries
Celery Sticks
Choice of Fruit
Choice of Milk

12/27/23

WINTER
BREAK
NO SCHOOL



Thursday

11/23/23

FALL
BREAK

NO SCHOOL



11/30/23

1. Macaroni & Cheese with Dinner Roll

Featured Veggies:

Steamed Broccoli
Carrots with Dip
Choice of Fruit
Choice of Milk

12/7/23

1. Chicken Mash Potato Bowl with Gravy and Dinner Roll

Featured Veggies:

Corn
Cucumber with Dip
Choice of Fruit
Choice of Milk

12/14/23

1. Popcorn Chicken with Dinner Roll

Featured Veggies:

Steamed Broccoli
Celery Sticks
Choice of Fruit
Choice of Milk

12/21/23

1. Chicken Nuggets with Dinner Roll

Featured Veggies:

Seasoned Green Beans
Carrots with Dip
Choice of Fruit
Choice of Milk

12/28/23

WINTER
BREAK
NO SCHOOL



Friday

11/24/23

FALL
BREAK

NO SCHOOL



12/1/23

1. French Bread Pizza

Featured Veggies:

Corn
Cucumber with Dip
Choice of Fruit
Choice of Milk

12/8/23

1. Stuffed Crust Pizza

Featured Veggies:

Steamed Broccoli
Carrots with Dip
Choice of Fruit
Choice of Milk

12/15/23

1. Pepperoni Pizza

Featured Veggies:

Glazed Carrots
Side Garden Salad
Choice of Fruit
Choice of Milk

12/22/23

WINTER
BREAK
NO SCHOOL



12/29/23

WINTER
BREAK
NO SCHOOL



USDA is an equal opportunity provider and employer.

Menu subject to change based on product availability